



**tribUNITY**  
HUMAN EMPOWERMENT

# TRIBUNITY PRICING BROCHURE



LEADERS



TEAMS



INDIVIDUALS



## LEADERSHIP COACHING

I offer results-driven leadership and business coaching services, with prices varying based on your business or project objectives.

### BUSINESS STRATEGY: \$500 PER 2-HOUR SESSION

Strategising sessions focusing on innovation and growth through a S.W.O.T analysis. A minimum investment of four dynamic sessions is required for small and medium-sized enterprises.

Day projects are available on a "Price On Application" basis.

### LEADERSHIP MENTORING: \$1400 PER 12 SESSIONS

A 12-session package to take place over the course of 6–12 consecutive months to help you bridge the gap from where you are today to where you want to be.

Individual sessions (Pay As You Go) are available. \$150 for the initial session, \$130 per follow-up session.

### EXECUTIVE COACHING: \$1400 PER 12 SESSIONS

A 12-session package to take place over the course of 3–6 consecutive months for high-level executives looking to develop further your leadership skills and performance.

Individual sessions (Pay As You Go) are available. \$150 for the initial session, \$130 per follow-up session.

### C-SUITE STRATEGY: \$2800 PER 12 SESSIONS

A 12-session package to take place over the course of 3–6 consecutive months for C-suite executives looking to transform their thinking and actions for greater impact and improved mental well-being.

Individual sessions (Pay As You Go) are available. \$150 for the initial session, \$130 per follow-up session.

I love working with clients worldwide and offer sessions via Zoom or Skype. Local clients have the option to meet with me at my Sydney CBD location.



## TEAM COACHING

Tribunity loves to build customised workshops that facilitate strong team collaboration, cohesion, and productivity. Please contact Tribunity to discuss your team performance objectives.

**SCHEDULE A FREE DISCOVERY CALL**



## PERSONAL COACHING

Personalised coaching services for individuals and couples. Improve the quality of your inner-talk, habits, and communication so you can live a healthier and happier lifestyle.

**LIFE COACHING: \$1100 PER 12 SESSIONS**

Self-development sessions to move you past roadblocks and towards better mental and emotional well-being.

Individual sessions are available. \$120 for the initial session, \$100 per follow-up session.

**COUPLES COACHING: \$1300 PER 12 SESSIONS**

Enrich your relationship and improve the quality of your verbal and nonverbal communication, individually and as a couple.

Individual sessions are available. \$140 for the initial session, \$120 per follow-up session.

I love working with clients worldwide and offer sessions via Zoom or Skype. Local clients have the option to meet with me at my Sydney CBD location.

## ABOUT TAMMY

I believe that real leadership is about vision, growth, and partnerships.

## WHAT MAKES ME UNIQUE

I use my energy, passion, and diverse experience and skills to help my clients achieve breakthroughs and transformation. My coaching process is guided by my training and decade-long practice as an accredited neuroscience-based coach.

My knowledge and experience are also informed by the complex challenges I've faced in my own career as a businesswoman.

I spent three-and-a-half successful decades in high-stress and high-impact industries, where I served as a C-suite executive at an ASX-listed leading global developer and provider of software solutions to the logistics industry as well as group GM and director of a transport and logistics global operation.

As an experienced executive, I possess a nuanced understanding of business negotiation, global trade and transport, manufacturing, digital/software transformation, and partnerships.

## HIGHLIGHTS OF MY STORY

- I learned adaptability, negotiation, and partnership from a very young age as I attended international boarding schools, moving across different countries, languages, laws, and beliefs.
- I joined the male-dominated shipping and transport sector at the age of 19 and immediately thrived in this fast-paced industry.
- I created Tribunity Human Empowerment in 2009 to dedicate my skills to the personal growth of others.
- In 2014, I helped save my daughter's life by compelling the Australian health minister to provide life-saving medicine to her and all Australians diagnosed with the ultra-rare disease aHUS.

Directly book your free 30-minute discovery call by visiting [www.tribunity.com](http://www.tribunity.com) or clicking the link below:

**SCHEDULE A FREE DISCOVERY CALL**



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